



## Keynote & Workshop

The Acadami provides Keynote and workshop speaking for educational and motivational needs.

Contact us for more information.



## Professional Development

The Acadami provides many different training topics that can be curated specifically for your unique audience. These can be delivered in-person or digitally.

We pride ourselves on providing training in a way that is educational, engaging, even FUN! With a foundation of sustainability, authenticity, and connection.

Some topics we specialize in:

- Trauma Responsive Care
- LGBTQIA+

(From 101 to diving deeper into inclusion and equity practices)

- Intro to ACEs (Adverse Childhood Experiences)
- Self-Care, Nutrition, and Wellness
- Managing Stress in the Workplace
- Fitness Coaching

Some of our most requested audiences include:

**Schools/school districts; law enforcement;** non-profit agencies; businesses; social service agencies such as children and family services; behavioral health; and public health.

## About Us

The Acadami is a personal and professional development consulting company focused on increasing wellness; equity; and inclusion wherever we go. Based in San Diego and serving world-wide, The Acadami specializes in facilitating difficult conversations from a place of healing and connection. The Acadami's goal is to Ignite, Elevate, and Empower individuals, families, business, and communities to create a world of affirmation and celebration.

Please, contact us for all scheduling availability and pricing.

Phone: 619-348-9779

Email: [info@theacadami.com](mailto:info@theacadami.com)

Web: [www.theacadami.com](http://www.theacadami.com)

The Acadami  
1050 University Ave  
Ste E10751  
San Diego, CA 92103



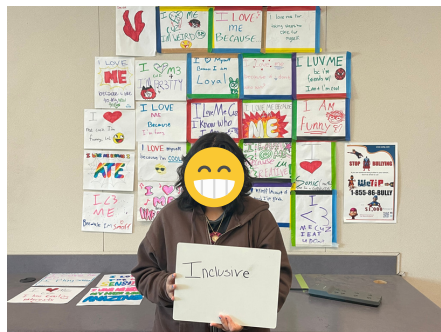


### **Mentoring for LGBTQIA+ Students**

*"(this group) makes me feel like I'm able to express myself more and it makes me feel more positive!"*

#### **"Q-Acadami"**

This program is a 9-month (one school year) program of direct mentoring services for LGBTQIA+ and Ally students in secondary schools. The program includes a once a week mentoring SEL group with optional (consent required) one on one mentoring. As part of the program, schools can decide to include professional development training for their site; as well as parent and/or community engagement services. Q Acadami is designed to and has seen positive impacts for participants such as less absenteeism, improved grades, improved behaviors, increased self-efficacy and more



## **District-Wide Culture & Climate**

### **Program**

This program serves to support school districts on their way to improving LGBTQIA+ inclusion district wide. The program lends consultation hours from an experienced Acadami professional to help the district:

- Create an inclusion committee
- Draft inclusive policy including dress code; anti-discrimination/protection; and/or anti-bullying
- Draft support materials such as gender support plans; resource pages/flyers.
- Provide professional development regarding LGBTQIA+ inclusion; how to implement gender support plans; etc...
- Train the Trainer Program to train the committee how to provide professional development presentations
- Consultation and guidance availability for each site and the district office as needed

Each Culture and Climate Program is based on the results of the initial needs assessment provided as a courtesy from The Acadami, in collaboration with district and site advisors.

Every program may vary.



*"Learning about LGBTQIA+ Laws and Ed-codes; developing a gender support plan for Transgender Students; and having district wide teacher LGBTQIA+ Professional Development trainings have been invaluable to our district."*

*"I appreciate this training so much! By far the best I have ever sat through and look forward to your next! Keep up the great work that you do. It is noticed and appreciated!"*



### **Train the Trainer**

This program is designed for those ready to become trainers themselves. Professional Development, especially LGBTQIA+ inclusion and equity training are such a priority to The Acadami, that we want to equip as many people as possible with the knowledge, tools, and confidence to effectively create and conduct these presentations.

The Train the Trainer is a full, 4-day program that takes participants through every step to becoming a trainer. You bring the topic you want to teach and a drive to learn; we will coach you through the rest. Some sections may include research and legislation; presentation design tips; public speaking; and more. Participants will have an opportunity to practice and pre-plan for things like push back and hard to respond to comments/questions that they foresee and that our presenters have experienced over the years. Our coaches will ensure that every completed participant will walk away with a 30-minute, self-created presentation and the tools needed to provide it confidently and effectively.